

## FAQs - Health Department on SARS-CoV-2

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The health department does **not** automatically contact you and is difficult to reach due to the high volume of cases!

We appreciate your understanding.

**Here you will find answers to frequently asked questions:**

Separate regulations apply to employees in medical and nursing facilities according to §20a (1) 1. IfSG. If you have any questions, please use the contact form to contact the health department.

**I have a positive PCR test. What happens now?**

1. go home immediately or stay at home
2. 5 days of seclusion, then end of isolation without test possible, if 48 hours before symptom-free, otherwise no longer than 10 days.  
➔ **The RKI urgently recommends:** (Self) testing with an antigen rapid test after day 5, self-isolation until the test is negative
3. please inform household members and other close contacts about your test result

**Do I have to register with the health department?**

No.

**When does my seclusion end?**

Your seclusion starts with the **date of the (first) positive test** (whether certified rapid test or PCR) and lasts for **5 days** (maximum **10 days**).

It does not matter whether you have been a contact person before or not.

Example: - positive rapid test/PCR test on **15.05.**  
- seclusion up to and including **20.05.** (until maximum **25.05.**)  
- so you can go out again from **21.05.** (respectively **26.05.**)

**I am vaccinated/healed/boostered but now tested positiv, do I still have to go into quarantine?**

Yes!

**Can the seclusion be extended after 10 days because I still have symptoms?**

No.

In this case, your family doctor can provide you with a certificate of sickness.

## **Can my seclusion be reduced?**

No!

The isolation after a positive test ends after 5 days, if you were **previously symptom-free for 48 hours**, otherwise after a maximum of 10 days.

You do not have to be tested to stop the seclusion, but the RKI strongly recommends testing and self-isolation after day 5 until the test is negative (antigen test).

If you want to get tested at a test site after day 5: Wear a mask! And please do not take public transport to the test site!

The negative test result does NOT have to be reported to the health department.

## **Where can I get a seclusion certificate?**

You must submit the positive test result to your employer

Your employer can apply to the regional council for compensation for the loss of earnings for the period of your isolation ([§§ 56, 57 und 58 Infektionsschutzgesetz](#)).

## **Where can I find information on compensation due to seclusion or childcare?**

This information can be found on the website of the state government of Baden-Württemberg.  
<https://www.baden-wuerttemberg.de/de/service/aktuelle-infos-zu-corona/fragen-und-antworten-rund-um-corona/fag-entschaedigungen/>

And on the page:

<http://www.ifsg-online.de/index.html>

## **How can I get my proof of recovery/infection?**

The result of the positive PCR test is valid as proof.

You can obtain a QR code for your cell phone at a pharmacy if you present it there.

**Do the people in my household also have to be in seclusion? (Household members/close contacts)**

No.

After contact with the person who has tested positive, it is recommended for a period of 10 days to reduce contact with other people and to test (self) daily (rapid antigen test).

If a contact person develops symptoms of illness (e.g. fever, runny nose, sore throat) this should be confirmed by a rapid test or, if possible, by a PCR test!

**Does the quarantine of household members extend if other people in the household fall ill?**

No.

**Do household members also receive a seclusion certificate?**

No, because according to the Corona Absonderungs-Verordnung §5 there is only a recommendation to reduce contact.

We hope that this has helped you.

We wish you all the best.

Your Health Department

Landratsamt Karlsruhe